



TEAM ARMY BIO

Captain (CPT) Luis Avila enlisted in the U.S. Army in 2000, later earning his commission in 2004. With degrees in Accounting, Computer Science, and Business and Organizational Security Management, he pursued a distinguished career in the military police, serving in various leadership roles and completing multiple combat tours including Operation Noble Eagle, Operation Iraqi Freedom (OIF), and Operation Enduring Freedom (OEF), where he faced severe injuries from an IED explosion. Despite sustaining significant physical and cognitive trauma, CPT Avila defied the odds, emerging from a coma and gradually regaining speech and motor functions through resilient determination and multidisciplinary rehabilitation, notably incorporating music therapy.

Discovering a passion for singing and harmonica playing during recovery, he utilized these talents to inspire others and aid in his own healing journey. Remaining an active advocate for fellow service members, CPT Avila excelled in adaptive sports, achieving first place in the Amputee Warrior Men category of the Army Ten-Miler and earning a spot on Team Army for the 2022 Warrior Games, where he secured multiple medals. His unwavering dedication to service has garnered prestigious honors such as the Bronze Star, Purple Heart, and The Order of the Marechaussee in Silver. Currently undergoing rehabilitation at Walter Reed National Military Medical Center (WRNMMC), CPT Avila resides with his family in Bethesda, Maryland, embodying resilience and perseverance in the face of adversity within the military community.



Full Name

Luis Avila

Preferred Name Rank/

Luis

Abbreviation Service

Captain/CPT

Branch

Active Duty

Injury or Illness

Amputee / TBI

Hometown (City, State)

Metairie, LA

Current Location/SRU

WRNMMC SRU

MEDIA CONTACT

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